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## **SIGNIFICANCE OF SPIRITUAL VALUE IN MODERN MEDICAL MECHANISM: THE PHILOSOPHICAL REFLECTION ON HEALTH OF MODERN PEOPLE**

Medical care and health is a compound issue, which does not only need to be solved from the aspect of economic input, scientific and technological progress and social security, but shall also from humanistic care, social morality as well as cultural education. In addition to genetic factors, diseases of people are also connected with personal living habit and mental state. Whether for the purpose of prevention or treatment, understanding of medical care and health issue of modern people from the perspective of spiritual value has important practical significance.

When there is not sufficient legal restraint, the social morality, humanist spirit and the passion of medical workers for life of patients become very important. The statistics of WHO shows 80% factors of diseases of people are connected with personal living habit and spiritual factor. From this perspective, diseases are personal life incidents, thus patients shall be responsible for their own diseases except genetic factors and social accidents. No success is worthy of being exchanged with health and life.

Medical problem is also a philosophical issue. As far as treatment of diseases is concerned, the medicine in ancient China believes human body could make self-adjustment. In fact, immunity will decline when people are down in spirit and many diseases are caused by mental factors. Some diseases even do not need to be cured by doctors.

Some traditional Chinese culture can relieve anxiety and emotional stress and cultivate the mind and improve the character, for instance, Chinese painting and calligraphy art, Tai Chi, Buddhist meditation and tea culture. We could view the world with health preservation philosophy in reverse. The administration of a country is just like preservation of health of human body and government decision-making organization is the brain. Once the mind of people has any problem, the society will become instable.

In 2017, 3 Nobel Prize programs are directly related to people's life, spirit and social behavior. These scientific research deepen the understanding of mankind for itself. We believe in this trend, the health and medical care issue as well as survival and happiness of mankind will be solved in a better way along with the improvement of humanistic consciousness.