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THE LACK OF HUMAN INTELLIGENCE AND THE MISUNDERSTANDING OF MODERN MEDICINE: IDEAS OF TRADITIONAL CHINESE MEDICINE

With the continuous improvement of modern medical technology, the means become more and more complex, but many traditional diseases have not been cured. Because in addition to micro factors such as cells and molecules, human diseases are also affected by macro systems such as nature and society. Chinese traditional medicine regards human as the synthesis of nature, biology, society and spiritual system. It treats disease and health problems from the harmonious relationship between human and nature, society and itself, which is simple and effective.

To establish a harmonious relationship with oneself, we need to form a reasonable living habit. For example, in eating habits, traditional Chinese medicine advocates eating to keep seven points full, and hunger therapy is often used in treatment. Modern research shows that human genes contain hunger factors, which can stimulate human life instinct. The state of fullness and over nutrition of modern people will cause the body to make wrong reactions, such as: endocrine disorders, hyperlipidemia, diabetes and other symptoms.

The doctor-patient relationship of traditional Chinese medicine plays an active role in the treatment of diseases. In the process of diagnosis, TCM will listen to the patient's narration, understand the medical history and introduce the treatment methods to the patients. The effective communication between doctors and patients improves patients' mood, and some patients have improved in the diagnosis process. As TCM has a comprehensive understanding of the patient, it will prescribe precise prescriptions for the patient. However, modern medicine relies too much on instruments and man-machine conversation replaces doctor-patient communication, which is a deficiency in humanistic care and psychological comfort.

Human health is inseparable from social culture. Chinese medicine has great vitality because its health care awareness is integrated into the whole traditional culture and reflected in social behavior. Such as: tea culture, tea has health care function, is the Chinese people's daily drink. Traditional Chinese medicine believes that Enron's mentality is the best medicine, and it is the characteristics of Chinese traditional culture to pay attention to the spirit of peace and introversion.

Human health is closely related to the social environment. According to traditional Chinese medicine, an excellent king has the same wisdom and responsibility as an excellent doctor: they are all for solving people's sufferings. It takes a wise doctor to treat individual diseases, and a wise king to treat diseases of the whole society. At present, in the face of thousands of smokers, alcoholics, drug users and AIDS patients, doctors alone can not solve the problem of human diseases.

For economic purposes, human beings are still producing harmful food, using unhealthy methods to treat diseases, and engaging in medical research against social ethics. In some countries, medical treatment and drug production have become lucrative industries. Every year, thousands of people lose their health and lives due to wars, environmental pollution and various industrial accidents. Without eliminating the social causes of diseases, medicine can not completely cure human diseases.

How to treat human diseases is not only a scientific problem, but also a problem of wisdom. It is also a philosophical problem of how human beings view themselves. Western medicine relies on high technology, while traditional Chinese medicine relies on wisdom. Traditional Chinese medicine discusses disease and health in natural system and interpersonal relationship, and believes that disease is not only a biological phenomenon, but also a social and spiritual phenomenon. In the early stage of the disease, TCM intervenes in time to prevent the disease from developing to the extent that surgery is needed. It provides a valuable solution for human medicine.

References

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